

## NHA Cross Country - Spring 2019

4:30 Race	5:15 Race	Date	Date	Date	Date	Date	Date	Conference	
		Wednesday	Wednesday	Wednesday	Monday	Wednesday	Wednesday	Wednesday	
		4/10/2019	04/17/19	04/24/19	04/29/19	5/1/2019	5/8/2019	5/15/2019	
Girls' Teams	Boys' Teams	Lane #	Lane #	Lane #	Lane #	Lane #	Lane #	Lane #	
Byron Center	Byron Center	1	12	9	5	3	8	2	*Open Race Only
Chandler Woods	Chandler Woods	2	13	10	6	4	9	3	
Cross Creek	Cross Creek	3	1	11	7	5	10	4	
Eagle Crest	Eagle Crest	4	2	12	8	6	11	5	
Excel	Excel	5	3	13	9	7	12	6	
Knapp	Knapp	6	4	1	10	8	13	7	
Ridge Park	Ridge Park	7	5	2	11	9	1	8	
Vanderbilt	Vanderbilt	8	6	3	12	10	2	9	
Vanguard	Vanguard	9	7	4	13	11	3	10	
Vista	Vista	10	8	5	1	12	4	11	
Walker	Walker	11	9	6	2	13	5	12	
West MI Academy	West MI Academy	12	10	7	3	1	6	13	*Open Race Only
Windemere Park	Windemere Park	13	11	8	4	2	7	1	

Team working the finish chute--->	CC	EX	WA	VI	VG	CW	ALL
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Team providing course spotters--->	WP	EC	WMA	RP	BC	KN	ALL
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All league meets and the conference meet will be run at Richmond Park

[1645 Tamarack, NW Grand Rapids, MI 49504](#)

\*State meet will be at Hawk Island Park in Igham county.

[1601 E. Cavanaugh St. Lansing, MI 48910](#)

**NHA State Meet - May 22, 2019** (Rain Date May 23)